

MEDITATIONS OF A HERMIT :

9



2

DIARY OF A MADMAN

BOOK TWO: THE PROBLEM OF EXISTENCE

MEDITATIONS
NOTEBOOK 24

SESSIONS 1904 TO 1973

WRITINGS 1991
27 March thru 6 August

3 SUBJECT

120 Sheets/College Ruled
11 x 8½ in. Notebook



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THE PROBLEM OF EXISTENCE

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SESSION 1904

THE DILEMMA OF THE PHILOSOPHER LACKING A HIGHER EDUCATION

122 (1)

For one who is inclined to philosophize, lacking a college education limits the extent to which one is able to express one's thoughts. Without the proper background, one cannot know correct syntax and rules. One, such as myself, would very likely appear as an idiot to such great minds as Schopenhauer and Camus and Hesse and Salzherutyn and Orwell and Huxley, but the impulse to philosophize will not be sabotaged by lack of education.

Hence, I express my thoughts as best I can and do not proclaim to be an *inteligensia*. I confess my ignorance from the start. Humility is to be able to see oneself as one is, so I will be content ~~to~~ being a philosopher of a lower class of intellect.

123 (2)

Imagine a homeless hobo living out his existence with no means to learn the "proper" syntax and grammar of writing. Imagine that he possesses the quality of genius, yet is lacking in education. Does this exclude him from the human race?

Does his low position in society prevent him from developing a genuine ability to philosophize? Give him a pen and a notebook and allow him to express his thoughts as best he can. Behold the ghost in him that

THE PROBLEM OF EXISTENCE

is able to philosophize with deeper spirituality than the scholar blinded by the illusions of the masks we wear in civilization!

Surely philosophy is a capacity in all, although only few are inspired to put all their energies into delving into the metaphysical.

But once this philosophical awareness is awakened, lack of education will not prevent the genuine philosopher from seeking the solution to the problem of existence. Thoughts come from a source of energy which precedes the formal education (mass hypnosis) acquired ~~in~~ from the culture one is born into.

123 (3)

If I were in a position to go to college, I would attain to learn the ways of philosophy, writing, and some areas of psychology. I would like to write, but I may be more inclined to think deeply in order to develop real principles before spreading my philosophy to the world.

To become a genuine philosopher, one must keep in mind Socrates or Jesus of Nazareth. It is a deep need to communicate what THOUGHTS have come to mind. One must be prepared for negative reactions.

3
THE DILEMMA OF THE PHILOSOPHER LACKING A HIGHER EDUCATION

124 (4)

Schopenhauer was not accepted in his age by his contemporaries, but after his death he was the inspiration for cults of intellectuals who were moved by his insights.

What academicians is going to decide which minds among us will survive the passing of time?

And if the philosophy challenges a force as powerful as the will to live, then even what appears to be "self" may sabotage the minds search for deeper solutions to age old perplexities.

125 (5)

Arthur Schopenhauer urges us to think our own thoughts, not to waste away reading other peoples thoughts. He was drawn to Kant's writings, but Schopenhauer created his own principles such as will to live, world as idea, life is evil, and the theory that the only defense against the forces of reproduction (will to live) is to develop the intellect...

Schopenhauer is the first philosopher who I really could comprehend and understand. I have thought the very thoughts he expresses, yet I could not find the phrases to express them. I hope a philosopher may be a disciple to another mind and still retain the capacity for original

8 4

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thinking. To be a disciple of Arthur Schopenhauer, would mean to study his wisdom and think deeply upon his thoughts. At the same time I will try to express my own thoughts as clearly as possible. Without the goal of publishing a book, I am free to be a freethinker and philosophize with as much grammatical error as I want. I am not subject to criticism because I am not competing. If I ever did publish my thoughts, it would be through the influence of the Holy Ghost. I have no desire for fame nor fortune, but I would be in awe to be called upon by the Original Mind to be an individual chosen to be a genuine philosopher to be read by others.

126 (6)

A being who encounters the psychical energies within the mind may become enchanted and captivated by the strangeness that thought and language possess when experienced on a deeper, slower moving level of awareness. I experience the slow moving level of perception when I behold the arcane nature of transforming THOUGHTS into WORDS, SENTENCES, PARAGRAPHS, and SPEECH.

SESSION 1905

127 (7)
One may write and speak without prior thought or reflection throughout one's daily existence; many human beings accomplish the practical aims of carnal existence without the slightest contemplative thought.

Native American Indians have been portrayed in books as engaging in deep meditative thought for a long period of time before speaking.

128 (8)
Could it be that the natural process of thoughts thinking is slower than we realize? It is as though a thought needed to be transmogrified from invisible energy into a written language. That would be a grotesque translation of the Spirit, which is formless, into the language of the culture at hand.

Does this mean that when we pause in a state of contemplative meditation, our thoughts are ghosts, spirits?

Would that make me a spirit writer with my thoughts being the Holy Ghost?

When I sit down to write, I have a couple dictionaries, a thesaurus, a guide to word usage, an English handbook or grammar; all these to assist these "thought-ghosts" in expressing themselves accurately in the form of language. This explains the unhurriedness.

you to

6

THE PROBLEM OF EXISTENCE

129 (9)

Here I lie on the basement floor of my mother's home, which has become a sanctuary for my bones to rest and my mind to expand. Although I am quite content with my solitary search for illumination, I become frustrated by the contrast between my role as laborer in society and struggling philosopher in private.

I have become a bibliomaniac: I have an obsession for collecting books. At present I have collected numerous books that I want to absorb, but have not had time to read yet.

I tell myself I must stop collecting books until I have caught up in reading and reflection, but it is no use.

~~10~~
I am unfolding, expanding, deepening; undefined is my essence. How can I label myself when I am continuously expanding into more complex levels of awareness?

I want to learn how to write, yet I really want to learn how to think. How does one maintain one's composure when one yearns for wisdom, knowledge, and illumination while pushing brown and lifting garbage cans? Is my goal the denial of the will and redemption from this world?

9
THE PROBLEM OF EXISTENCE
SELF PROCLAIMED DISCIPLE OF SCHOPENHAUER

1907

131 (11)

Arthur Schopenhauer was opposed to too much reading. He opted for thinking for oneself when he stated: forever reading, never to be read.

What if I am not to be read, that my view of myself as an illuminati, a philosopher is in vain? I would accept this and vigorously seek the solution to the general problem of existence, the will to live.

132 (12)

Frustration is caused by the expectations I place on myself. I don't even know who I am. I choose to be a disciple of Schopenhauer because his philosophy of the denial of the will to live as being redemption from this world entered into my mind and was grasped by a despairing soul within.

133 (13)

I understand the overpowering force of lust and the unfair ecstasy of orgasm. What Schopenhauer suggests is almost impossible. Were it possible, could I be one of the few who succeeds in liberating his ghost from this world?

The present moment slips away; there is no time to catch up on reading or follow an organized plan. I must work for wages and, in free time, be drawn to that

THE PROBLEM OF EXISTENCE

which draws me unto it. I must have thoughts of my own, but in my free time I thirst for knowledge (Grammar, Rhetoric, and Composition), hunger for the expansion and development of my mental capacity (Guidebook to ZMM, Jung's Psychology and Religion, The Psychedelic Experience / Book of the Dead by Lean, Margins of Reality, Language Thought and Reality); as a bibliomaniac, I am forever absorbing the thoughts of other minds), yearning for relief and affirmations through the reading of other minds - and the journeys they coped with (Orwell's Down and Out in Paris and London).

As if that were not enough to be obsessed with, I am drawn to one mind specifically with the intentions of finding my way out of this dream of pain and confusion (life): Arthur Schopenhauer has the solutions to the problem of existence.

With all this intellectual, cerebral activity and development going on, I have eluded reproduction thus far.

The question is: Have I eluded reproduction thus far because of an intellectual yearning to defy the will to live or because I am a skinny runt ~~who~~ disregarded by females or both?

Entry # 134 (14)

1908

INTERLUDES OF CONFUSION: MEMO #2

29 MAY 1991

1900

Does the experience of enlightenment and insanity share the common denominator of the loss of identity? If suicide is the ultimate denial of the will to live in the individual, and a rejection of the reproductive desire the denial of the will to live in the species, what is the loss of identity as it pertains to insanity and enlightenment?

When I say that I don't know who I am, I should not be frustrated. Instead, I should sense the slippage into insanity and detach from the cultural attitudes towards insanity.

It is not losing sanity, but gaining enlightenment and illumination.

I should cease worrying what other people think of me, whether it be parents, coworkers, family, employer, fellow alcoholics, neighbors, etc., I should cease worrying about defining "where I am at" in regards to tastes in music, opinions about religions and governments.

The phrase \div I DON'T KNOW - should suffice as a confession of not only ignorance, not only as a confession of ignorance, but also as a statement of detachment and loss of identity. Who was I for a brief time before I disappeared?

If I make any breakthroughs into deeper realms of enlightenment, I hope to lose the ~~aggravating~~ irritating desire for recognition. To write a book in hopes of reaching other minds is a vain pursuit.

First of all, from what I have seen of the opinions of others, my philosophy does not mean dung to other people. They have their own thoughts. My taste in music, while to me may seem the ultimate, to others seems like dung.

I just do not want to compete with anyone for survival, for females, for prestige, for rightness of opinions ...

Is it weakness? It very well could be, but does not matter in the least. Refusal to compete is denial of will to live, will to power ...

If the loss of identity is the common denominator of insanity and enlightenment, may be I should not resist the rapid development of this slippage inward. Loss of identity would really solve the problem of existence, and there would be no urge for recognition. THE PROBLEM WOULD BE SOLVED. What about mom: DH). (H+L Jeep - Tami ? I DON'T KNOW

1166

15 June 1991

 $1_2 : 31 : 151$

37

1900

Saturday evening

Explanation of the "Diary of a Madman" 1918

151.0 I had attempted to write a book and do away with the diary, but I have come to the conclusion that my main life work shall be just that: my diary, a series of notebooks.

151.1 If any subject matter should be worthy of material, so be it; if not, there will be plenty of material in the notebooks for those who wish to explore the thoughts of a madman.

151.2 Ofcourse, "Diary of a Madman" is a major work to transcend the hopes I sought in "The Book of Wonder". "Diary of a Madman" will consist of a series of notebooks, and will be potentially endless.

151.21 The Diary itself will consist of volumes of entries. Each volume will contain 999 entries. Each entry may be broken down accordingly.

151.22 When a notebook becomes full, it is one unit of a volume, known to me as a BOOK. Hence we are in 1_2 which is "volume one, book two".

We are in $1 : 151$ or $1_2 : 31 : 151$

151.3 The dates and times and day of week will be noted, but we shall not be obsessed with keeping track of time. Thoughts are what we are concerned with - all order is secondary.

1991.06.15

46

1171

159

My uncle Tom Weber got ahold of Arthur Schopenhauer's *Die Welt als Wille und Vorstellung* at the Barnes and Noble in New York. It is the Payne translation, a two volume set: *The World as Will and Representation*. although work life is tiring and all meetings take many evening, I can rest knowing I have made contact with SCHOPENHAUER. I want to be his disciple.

1173

1923

160

I got a call on the telephone from a spirit guide who had alot of influence on my spiritual and intellectual development.

The spirit guide I speak of is Joe Fili, whom the inner realm of spirit knows very well. Though I was writing a diary before his influence, I developed great confidence in the value of writing a journal after his teachings took root in my mind.

It was in the karma that I experienced English and AP Philosophy back to back... the sweat lodge... the ghost symbolized by © could be directly related to Joe and the spirit world that he is influenced by.

161.1

He tells me that between July 1 and July 7 there will be a "Tom Brown Survival School" rehearsals.

1924

161.11 Normally I would never have been able to make it, but Fate seems to have done for me what I could never have accomplished through my own will.

A deep, unconscious, far seeing force was at work arranging the karmic events synchronized in space and time.

I will be off work Thursday 2, Wednesday 3, Thursday 4, Saturday 6, Sunday 7, That Friday the 5th is a terribly busy day at Cheesecake, but I am going to tell my foreman that I will be taking a personal day so that I can go on an excursion that has religious significance for me. I will show him the flyer about C.R.O.W. Children Respecting Our World.

161.2 This news is so very sudden, but I have been ready, waiting for an opportunity to make contact with a network of individuals that are drawn together to learn things forgotten by the modern world.

I hope I can enter the sweat lodge to renew my vision of salvation in Death. Death is a door leading into Spirit, where I will be liberated from the thing-in-itself (will to live).

161.3 I will purchase a tent, a napsack, food

supplies and the like. I hope to leave
 Tuesday morning, July 2nd and stay
 until Friday, July 5. I
 will head home either
 Friday or Saturday morning.

I will take off work Friday, July 5th.
 Either my foreman will
 agree to let me take
 a personal day, or I will
 just let him know what I
 am doing.

When I tell Anthony that I am
 going to this camp out up
 in New York State, and that
 it is an opportunity to meet
 individuals with knowledge of
 survival skills and insight into the
 ancient nature of life and death,
 when I tell him that a
 teacher I greatly respect will introduce
 me to those who might
 survive "the apocalypse", he will
 not be able to persuade me
 to remain a slave for July 5th.

My spirit has been summoned by
 the spirit world to be present
 that week. This is the closest thing
 to a religious journey I have.

The spirit world draws me near...



1925

162

I awaken from sleep with some happy vibes that I have some extra time to lie in bed, but that happiness is soon replaced by an awareness of the drudgery of existence. I needed a cup of black medicine (coffee).

Strange thoughts flowed through mind: will I always be a lone man without a female companion nor offspring? is this because of some quirk or oddity in my body or brain? If I am so intelligent, how come I am a DRUDGE?

162.1

Define drudge: SLAVE, peon, workhorse, toiler
* to perform hard, menial, or monotonous work... the opposite of drudge is: idle, lazy, loaf, lounge, dally, dawdle, putter, cheat.

162.21

There are certain levels of drudgery. On one level there are degrees of drudgery in the social order, hence I experience more intense drudgery than a banker, but I experience less intense drudgery than a factory worker.

162.22

Also, different ages throughout "history" may have varying degrees of the intensity of drudgery, but drudgery seems to be the basic quality of the thing in itself.

162.3

Life is suffering. Is there a release from this suffering? Is salvation attainable before physical death?

162.31

So, even as I awaken in a pessimistic, weary mood, underneath this mood is a yearning for release from this world of drudgery. The solution is said to be "the denial of the will to live" (Schopenhauer).

162.4

If the world I experience is representation, then the way out must be attainable through "my own mind" - which is how I experience existence.

162.41

I do not awaken with goals focused on procreation or gaining position in society, but with one goal in mind: release from existence. Although this state of mind would be quite common in eastern communities, in the western hemisphere, especially in the rat race regions of these united states it is considered unhealthy.

So I keep, or try to restrain myself, from communicating my inner journey to my coworkers who are more concerned with other things.

162.42

I cannot fight the inner quest for release from this world, the momentum has developed its own movement. I merely witness my soul's response.

163.1 The Monmouth County Library borrowed Schopenhauers
The World as Will and Idea from Westchester Pennsylvania.
It is 3 volumes, hardcover, translation 1896

163.11 I compared it with the present translation 1958:
and The World As Will and Representation. I notice
even though the earlier translation seems larger,
both works contain the exact same chapters.
The present translation is paperback, yet it has
a more accurate translation.
One is 25 bucks, the other 135 bucks, and
yet the less expensive is more accurate

163.12 I am pleased that my uncle chose The World
As Will and Representation. I am also
pleased that the library was able to get ahold
of the 3 volume translation from 1896
as ~~to~~ now my fear is relieved.
The one is equal to the other.
I will hold on to the library
book until July 9, but my curiosity has
already been satisfied.

163.2 My nephew Joseph will be travelling with me
up to North Pitcher for the
"Randerans". I have purchased a tent
and other critical supplies. Over the next
five days I will gather stone, utensils,
food ... I am anxious to
explore ... SWEAT LODGE!

163.3 My father is now living in my sisters house.
I pray he will be
comfortable. May he sleep peacefully!

1928

165.1

If only the mind would focus on the inner nature of existence (the world as representation, world as will-thing in itself) or even simply wonder at the fragile connections in the mind, connecting ours by invisible fibers to our primal ancestors.

What enables ~~us~~ us to reason?
Does this reason enable us to speak?

Would it not be a more peaceful way to pass my time in this long dream of life, to spend the days in contemplation and wonder - rather than giving my attention to the gossip and personality clashes of daily life?

165.2

I realized last night that Arthur Schopenhauer was alive in Germany at the same time when a 7th generation's Grandfather was alive.

Could he have been a disciple?

Grandchildren's grandchildren's grandchildren.

○—○—○—○—○—○—○—○—○

7 generations...

165.3

I must also remember that madness and isolation may be the effect of intelligence.

In each culture there were shamans, holy men, oracles, madmen, and loners.

May be in our culture there is no place for the lone man, hence my lifestyle. I am fortunate to have met Joe Fili. The connection with his circles will give me the strength to pursue my path.

KIP

1929

166 At times life appears as a phantasm - a mental representation of a real object. There is no solid self, but merely a flowing experience of sensory data, feelings, thoughts.

166.1 I often wonder "what it is that feels, senses, is aware". Imagine the brain sending pain signals or receiving pain signals. Which is it? Is the brain the receiver, with its nerve endings as the signalers?

Pain is a powerful stimuli. Is the cranial organ that which feels, senses, is aware?

166.11 Why do eastern sages declare that the mind is in the heart?

166.12 Could it be that the brain organ serves the stomach for individual survival, and the stomach in turn serves the sperm of the species... the will to live?

The "heart" pumps blood, serving the will to live, which is the thing in itself.

166.13 I believe "the heart of the mind" is more of a soul, a psyche, a connection to the universe.

The question is: Does one remain connected to the universe without brain, stomach, heart, sperm? Does the soul remain MIND even after extinction of the will to live?

166.2 There are various levels of the phantasm: dreams, family relations, society: work, fellowship people and principles of aa, saving the Earth, seeking the Great Spirit, etc.

166.3 I JUST WANT TO SLOW DOWN AND BEHOLD THAT WHICH IS?

167

I feel sad. I cannot really define the cause of my inner sorrow, but I believe it is a combination of several things. Before listing the various probable causes, I would also mention that behind and beyond the pain I feel awaits deep humility and release.

I guess I am saddened by my father's spiritual distance. He is right in the house with my sister and her husband and son, yet I just feel an uncomfortable frustration - as though something was lacking. I feel a WALL.

I guess sometimes work bothers me too, with all the petty arguments and clashes between "the system" and the lazy dog that resides in each laborer when the temperature is 95+.

There is also a possibility that I am feeling alienated from fellow members of AA, as well as a creeping despair in me that comes when I think I am a skinny runt with a warped mind.

Yes. I feel sad, and yet I only ~~have~~ have tomorrow to work. I will try to be asleep by 9PM tomorrow so as to wake up by 2:30 AM.

Tomorrow night I MUST hug goodbye TAMI, DAD, and MOM... I guess I just don't know why I am sad... but humility will follow.

168.0 We have been up here in North Pitcher, New York State for two nights (Tuesday and Wednesday).

168.1 The drive up here was about seven hours. We left the house at 0100 on 1183. I got pulled over by a Manalapan cop on rt. 9 after stopping at the WaWa. I was "crossing the line", and I had a hard time finding my new insurance card; but all was fine even though I was sleepy all the way up. The trip took alot longer than we expected, and we arrived at C.R.O.W. by 0900.

168.2 Bow hauled our gear up in his 4 wheel drive vehicle and we had set up camp by noon. We ate brunch and then explored. Many tents were set up in the field, so Joey and I set up about thirty feet into the woods. We were awake until about 2000 until we finally fell asleep.

168.3 We awoke about 0200 on 1184 and we went to the community fire to cook some potatoes. We walked down to the Volkswagen to check the time: 0430. By the time we reached our camp, the sun was on the rise and we went back to sleep.

168.4 We woke in time for a powerful sweat lodge down on "Harry's property". The people of C.R.O.W. had built a large sweat lodge, but we went down to an 8 man lodge. It was done in a Traditional Native manner.

168.41

The sweat lodge ceremony lasted over four hours. The actual sweat must have been close to 2 hours. Little Joe exited the lodge as soon as the ~~coals~~ rocks were steaming from the water.

I stayed in the lodge towards the middle of the third door, ~~was~~ unable to endure the heat without being doused with water.

As Joe Fili explained later, the sweat lodge is not meant to be ~~an~~ a test of endurance, but should be enjoyed.

Dousing the body with water enables one to go deeper into the sweat without PANIC.

I expect the next sweat to be more enjoyable. The one on 1184 was very powerful.

168.421

During the sweat lodge ceremony I came face to face with the duality within me, as well as my relationship with the Creator.

I felt within me a need to keep some spiritual albanes with Arthur Schopenhauer. A German brother from the 1800's who was atheistic, pessimistic, and preaching "DENIAL OF THE WILL TO LIVE".

I cannot classify myself as either Schopenhauer disciple or Fili disciple or 12 step program person or suicidal freak.

I may be a mutation or some missing ~~link~~ LINK a european-american SHAMAN of sorts.

Why I am sad... U DUT HUM...

168.422 My main trip is a DEATH TRIP. I am curious about the presence of death in the fabric of life. It seems all that is born must die. And where does "the spirit within" go after this body has ceased to "live"?

It is the ultimate mystery, the great unknown aspect of existence: death. Is it a door to rebirth? What about the spirit beings that simply DENY the will to LIVE? Are they liberated from the wheel of rebirth?

It is a new feeling to be so carefree about metaphysical propositions. I choose to call God the Great Spirit, and I am indeed an atheist.

It is a contradiction, and yet it is the Truth. The Truth is what I seek, and if it is a paradox, so be it.

168.5

~~168.422~~ If THE WILL TO LIVE is THE THING IN ITSELF, then it could very well be the spirit that moves through all things. For some reason though, the spirit that moves through all things is SPIRIT whereas the will to live is MATERIAL-PHYSICAL.

I just don't know what to make of it. I don't even feel a burning desire to comprehend any of it. I did "let go" while in the sweat lodge. Truth will rise into my conscious awareness, and I will not need to categorize myself.

168.6

To summarize: I guess Alcoholics Anonymous and the Great Spirit will be primary so as to remain sober, so as to think clearly and become an awakened one.

Being a Fiti disciple has very much influence on my ability to pray to the Creator even while I proclaiming atheistic relationship to the Christian Religion.

Just beneath this primary link is Arthur Schopenhauer. Do not

underestimate the POWER of SCHOPENHAUER'S teachings. He speaks truth in a such a way as to make the Creator of itself wonder about the true nature of existence.

Life is seen as being good by most people, especially the Natives of Tutuila Island. They want to return to this world after death as animals or insects ... spirit beings we all are.

And yet Schopenhauer says life is evil, and that we are slaves to the will to live. And would it not be a SHAMAN to be able to accept this dark truth? Would it not be a shaman who was able to see through the phantasm of flesh right to the skeleton and spirit?

a shamanistic atheist?

- 172 We were packing the Volkswagen slowly but surely all day Friday. At 8PM we discovered water in the tent so we left spontaneously just before the night came at 9PM.
- 172.1 The VW overheated once during the trip and we arrived in Freehold by 0430. We slept until 1000 and Joe picked up little Joe by 1100.
- 172.2 Had stopped by to talk/listen. I have been putting the gear away, drying the tent and traps, and doing laundry.
- 172.31 I am anxious to relax and read Schopenhauer with the kind of CRAZY GHOST.
- 172.32 Something Jon Young said during the sweat lodge ceremony about a human being's relation to plant organisms described very accurately my view of my own organic being.
- The plant-like organism peeps out and tries to comprehend another human being's thoughts. Even though the other being was alive 150 years ago ago, through words, language and translation, my brain is ~~not~~ able to explore the world as seen by the genius of Arthur Schopenhauer.

172.321 The plant analogy is apparent when native peoples live harmoniously with the land. The communities of natives had an organic relationship with the forces of life: plant, animal, insect, air, moon, sun, (fire), water ...

CONNECTEDNESS was reality. Yet in an industrialized community such as in the U.S.A or any of the developed nations of human beings on the Earth, the plant analogy is less apparent.

Observe the veins in the body, imagine the brain (the cerebral organ) with its mysterious nature of perception, understanding and the like.

172.322 COLONIZATION is impossible to resist because of the organic relationship between our bellies (will to live) and the food market place, which is hooked into the money system: work for wages and a frightening power of control over masses of the plant like human beings.

172.33 I ought never lie in a journal, diary, or personal inventory. For to lie on such an inner level would be to waste the energy that the mind is putting out to perceive TRUTH.

173.3 Each day at work holds potential for contemplation upon the meaning of life. When I fall into the traps of petty personality conflicts and the like, I deprive myself of philosophy.

Even though my intelligence is far below Schopenhauer's, I feel as though his book holds the guidelines towards the PATH of Denial of the will to live.

173.31 I try to learn his philosophy not so that I will be able to instruct others, but so that I might instruct myself.

If I better understand the inner nature of the world, I might be less apt to get lost in the desires of THE WILL, as I will begin to recognize it as the universal thing-in-itself.

173.32 I often wonder whether or not I should bring the book to work, just to have in case I want to bring into focus some philosophical propositions.

Even though I must do manual labor, if I can steal away ten minutes during the day to read, while I am working I will be able to progress on the inner work.

I am following my PATH. I do not need the approval of father, boss, authority, priest, etc.

19368 TSP

7.1

174

Entry number 173 was written this morning just before I left the house to go to work. I have now just returned to the house and I am pleased to find no one here. To me, it is not just a basement, not just mom's basement, but it is a SANCTUARY... it is soft asylum.

In this sanctuary I find my notebooks. In this sanctuary I am able to read Arthur Schopenhauer.

I brought The World As Will and Representation Volume One to work with me today. I read 2 pages ten minutes before 8 AM. when we start work at the Park.

Unable to read any other time because of the kind of physical work I do, the book went into my locker where it stayed until 4:30 PM.

Could I live like this "the rest of my life"? living in mother's basement, working as a janitor groundskeeper at a state park for wages under \$20,000 per year? coming home from work alone, reading philosophical books instead of trying to dip my cock into the female?

What triggers questions such as these? Is it that father is back in town? Do I feel somewhat ashamed to be a LAZY, UNAMBITIOUS, BOOKWORM BUM?

The wonderful part about it is that after a day of monotonous, futile labor, I am grateful to be able to READ. Going to AA is becoming a drag. I enjoy a sober mind.

1191

1937

SEP 1

73

175

Last night it was difficult to sleep, as I felt pain in my jaw and under my teeth on the right side of the jaw.

This morning I wake up in a vegetatively aware state of mind. I am to the point that I am not concerned about being a loner.

The denial of the will to live could have something to do with my not attracting any female.

I just can't be sensitive to what another thinks of me, whether it be coworkers, boss, father, family, God as we understood Him.

An example of this sensitivity is the paranoia I feel about a lot of people at the clubhouse on Throckmorton street. I have these paranoid visions of alienation, that they think me an asshole.

I can't let them get in my head. They are worried about their own lives and defects. I should try to just go inward and seek the universal meaning of the world.

175.1

Schopenhauer breaks it down into WILL (the thing in itself) and REPRESENTATION - the perceptions of the phenomenon.

I must admit that I resist turning my life and will over to the care of the thing in itself because I want to reach NIRVANA in this lifetime. I want LIBERATION from DESIRE.

1938

176

I want to become a self ordained disciple of Arthur Schopenhauer. Although his teachings are difficult to grasp, I am absorbing deeper levels of his teachings; I plan on reading through both volumes of The World As Will and Representation, and then may be reading a couple more of his works before RE READING and STUDYING his TEACHINGS.

176.1

I believe Schopenhauer will draw me near to the path of liberation and salvation from the world. Even as I am so very much less intelligent than Schopenhauer, I hope that through vigilant study of his WORKS, I may be lifted higher in that kind of knowledge which TRANSCENDS THE WILL TO LIVE.

176.2

Already I notice my perceptions of the world transforming as I read through Will and Rep. I am becoming less and less concerned with what others think of me, whether they be boss, parent, family, coworkers, peers, fellow AA's, etc. Because I am being drawn towards salvation from this world, the chains of the temporal situations lose their control over me.

176.3

First I was a Fuli disciple, and as far as the sweat lodge, shamanism, anti capitalism, and the Great Spirit go, I still am.

Yet I am not FULI, nor am I SCHOPENHAUER. I am HENTRICH. I am CRAZY GHOST. This MADMAN sees SALVATION in Schopenhauer's Teachings.

1944

89 11

183

(1262)

183.1

"It is not things that disturb men, but opinions about things." EPICTETUS

183.2

"There are more things that terrify us than there are that oppress us, and we suffer more often in opinion than in reality." SENECA

183.31

I have quoted the above to bring into focus my concern about being without a mate, with very little ambition in finding one, as is expressed in III:12:182.1 -

What disturbs me most about my lifestyle is not the lack of a female companion, but the opinion of others about this lack.

183.32

I am content with a heightened cerebral existence, and yet I am tormented by what others think of me. It bothers me to be mocked and ridiculed for not chasing after women. I often fear my father may think I am somewhat weird or strange.

Yet the reality of my aloneness is quite acceptable to me, for I am able to indulge in cerebral activities that common men are deprived of because of the immediate demands of mate and offspring; or even the demands of insatiable sexual appetites.

183.4

Now I am forced to masturbate not merely by desire for orgasm, but by the pain in the genitals that demand relief.

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1945

p. 85

184

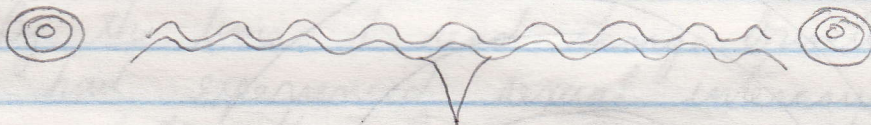
(1263)

Just a recording of some words on the jacket of a compact disk by a band called "PROPHECY OF DOOM".

The album is called "ACKNOWLEDGE THE CONFUSION MASTER".

They are a hardcore heavy metal band, and like an alchemist I mix it into my brain with Pink Floyd, Metallica, King Crimson and the writings of Arthur Schopenhauer.

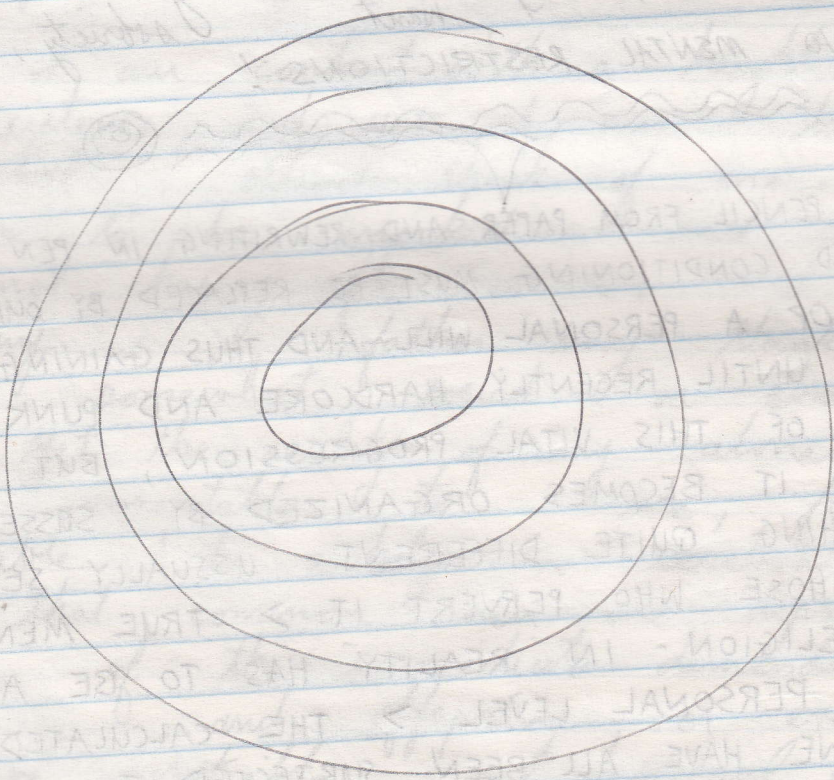
The second step in the worldwide Twelve Step Program is "Come to believe that a Power Greater than ourselves could restore us to sanity.", and yet I seem to be determined to reach deeper levels of awareness through GENIUS or INSANITY. I want sobriety, but I want NO MENTAL RESTRICTIONS!



LIKE ERASING PENCIL FROM PAPER AND REWRITING IN PEN > OUR FORCED UNWANTED CONDITIONING MUST BE REPLACED BY OUR TRUE THOUGHTS TO DEVELOP A PERSONAL WILL AND THUS GAINING TRUE MENTAL FREEDOM > UNTIL RECENTLY HARDCORE AND PUNK WERE AT THE FOREFRONT OF THIS VITAL PROGRESSION, BUT LIKE MOST TRUTHS WHEN IT BECOMES ORGANIZED BY "SOLID" PEOPLE, IT BECOMES SOMETHING QUITE DIFFERENT - USUALLY SERVING THE NEEDS OF THOSE WHO PERVERT IT > TRUE MENTAL FREEDOM - LIKE RELIGION - IN REALITY HAS TO BE APPROACHED FROM THE MOST PERSONAL LEVEL > THE CALCULATED MIND RAPE THAT WE HAVE ALL BEEN SUBJECTED TO IS ON A SCALE AND DEPTH THAT IS NEAR IMPOSSIBLE TO COMPREHEND BUT ^{NOT} IMPOSSIBLE IF YOU TRULY SEEK TOTAL MENTAL FREEDOM AND THE POTENTIAL IT OFFERS > SO TO RID OURSELVES OF THE IMMENSE PROBLEM OF FORCED UNWANTED CONDITIONING WE NEED A METHOD MORE POTENT

THAN THE PROBLEM > THERE IS ONLY ONE METHOD IN MY
VIEW WHICH CAN RAISE OUR MENTAL STATE AND THIS
IS INSANITY > FORGET ALL PRECONCEIVED OPINIONS
ON THIS SUBJECT > THEY ARE ALL LIES >
ONE MUST DEVELOP A STRONG INTENTION FOR
MENTAL PROGRESSION > ALL METHODS TO ACHIEVE
THIS MUST BE CARRIED OUT IN SOLITUDE >
WE CAN RAISE ALL MENTAL RESTRICTIONS
AND PROGRESS IF WE ACKNOWLEDGE THE
CONFUSION MASTER WITHIN US ALL

> SHREW 1990



193.7

I wish to be heard: Can you feel me? I am
one of the nerve endings in your jaw. Can
you feel this pain? Oh, how
you hope the pain does dissipate,
for if it increases you will lose
all patience. You will go
insane with a pain so
real and immediate that you will
wish to be completely NUMB, DEAD,
NOTHINGNESS.

193.8

How about some self directed sarcasm? Take out
the bat and beat yourself with it. Would
the philosopher like to wait until the nerve
is exposed when he is praying to
God or the devil for mercy? Or will
he go to the dentist as soon as
possible?

193.9

NOW HERE ME OUT YOU BASTARD OF PAIN AND
SUFFERING. YOU KNOW I AM SENSITIVE
TO THIS PAIN IN MY JAW AS WELL
AS THE BASIC NATURE OF LIFE WHICH
IS SUFFERING.
RELEASE ME FROM THIS WILL TO
LIVE, I BEG OF THEE,
RELEASE ME.

HOW I LONG FOR SALVATION
FROM THIS WORLD AND ITS
DESIRES AND ITS SUFFERING!

I HATE PAIN. LET ME DIE.

194.1 By 0130 I had to get up out of bed and walk a (1273) outside, just to keep from punching my head against the wall from the frustration of the pain.

The moon was getting fuller, a bright yellow moon. I walked up and down the sidewalk about five times, then I decided to drive to SHOP RITE for ANBESOL to put on my gums.

My stomach is shaky from the Advil, the pain killers, and the droplets of Anbesol that dripped down into my stomach.

194.2 The PAIN is still there, but I believe it must be dissipating, as I am no longer pulling at my hair, writhing in pain.

I wonder if I should call Dr. Nustbaum tomorrow? Is it just "stress"?

194.3 I feel TRAPPED to these nerve endings, to the pain and suffering, to the desire and hunger and lust ... I am CONNECTED to the nerve endings, trapped in the suffering, unable to be liberated from the BODY, the WILL, the WORLD.

Pain is the STIMULI that I must obey. I have no choice but to suffer or seek a remedy to the pain. I wish to die, but death does not come, and the pain intensifies until I reach the desired effect.

Does not THE THING IN ITSELF feel the exact pain that I feel? Or is the individual some kind of puppet on strings of pain stimuli?

194.4

There is hope for this pain - Either I calm down - that is if it is STRESS - Or I go to a dentist - if it is like an exposed nerve. Either way it has to do with NERVE ENDINGS, NERVES and PAIN ... STIMULI.

As Peter Gabriel sings, "I can do without the stimuli..."

194.5

There is also hope for the suffering of existence, and that is death. The individual is liberated from the nerves, but what about the countless other individuals still the WILL TO LIVE?

Is there no chance ^{for} complete salvation?

194.6

The sharp pain in my teeth is a good example of why I do not get too far gone in mythological characters, absolutes, God, and other things not purely grounded in the true nature of the world.

I want to be aware of just what it is I am involved with this world, this life ... Peace is wonderful, sanctuary, refuge, reprieve, all this is great, but it is not forever ... life is still SUFFERING.

195

(1274)

195.1

As one can see, I am not an academic philosopher, nor is this diary to serve as a "pseudo work". On the contrary, this diary is an extension of my brain and shall be a place to record immediate impressions as well as philosophical insights.

195.2

I went to FELDMAN, WEIL, SUSSMAN today. They are Oral Surgeons. I paid \$55.00 cash for the visit, and will be put to sleep tomorrow at 3PM for surgery. SUSSMAN will remove a top wisdom tooth as well as a bottom wisdom tooth which seems to have been the one causing me such pain last night. It will run close to \$500.00. My insurance might cover most of it, I will give them \$130.00 of check before going under.

195.3

I called Anthony Simone and made him aware of my situation. I will take a sick day tomorrow, as well as Friday. (THAT IS 7 DAYS OFF!)

195.4

I am basically sedate now that I have placed myself under the care of the oral surgeons. I must admit I am in an extremely humble position. With all my belly aching about Jews and Judaism, as far as my PAIN in JAW is concerned, I am at their mercy and I will gladly pay them for their expertise.

195.5 I took one penicillin tablet and one percocet tablet at noon. I needed another dose of each by 3PM for the pain.

195.6 Feeling nauseous and dizzy from excess of percocet tablets.

195.7 Dad won't be going camping with us as he has to work this weekend. I am disappointed, but I plan on enjoying the time off from work.

I hope the pain from the surgery is not too excruciating.

195.81 Uncle Tom got ahold of another Schopenhauer book On The Freedom of The Will

I went to Waldens in the mall to order some final books by the MASTER.

ON THE FOURFOLD ROOT OF THE PRINCIPLE OF SUFFICIENT REASON

THE ESSENCE OF RELIGION

THE PESSIMIST'S HANDBOOK

195.82 It seems to be progressing very smoothly now.

1. TWO YEARS OF INTENSE PHILOSOPHY

2. ONE YEAR OF LITERATURE, GRAMMER, OCCULT, SCI FI

3. ANOTHER YEAR OF PHILOSOPHY

4. BY AGE 28, 1995, I WILL BE ON MY WAY TO

REALIZING MY GOAL: PHILOSOPHER - SCHOPENHAUER DISCIPLE

5. BY AGE 30, 1997, I WILL PREACH SCHOPENHAUER'S DOCTRINE

1959

p. 107

ON BECOMING A DISCIPLE OF SCHOPENHAUER

(1277)

198

198.1

I will use the removal of two wisdom teeth as a mark in time. In the beginning of the spring I was in search of Schopenhauer's works. It was not until early summer that I got my hands on Essays and Aphorisms.

After my first reading of the four books of volume one of The World As Will and Representation, I ordered On The Fourfold Root of the Principle of Sufficient Reason.

By September, which marks the ending of the summer of 1991, I will dedicate myself to reading all the works by Schopenhauer listed in entry #196.

The summer of 1991, age 24, will mark my discovery of Arthur Schopenhauer, and a new determination to study PHILOSOPHY.

Also during this autumn and throughout the winter we will be reading and studying WITTGENSTEIN, HUME, BERTRAND RUSSLE, WHORF, and some eastern philosophy.

198.2

The main thing to do now is to focus ON THE WORK AT HAND, and to remember that these PHILOSOPHICAL WORKS will be read over and over again. I will gain deeper insight each reading.

202

202.1

1281

In this entry I will simply state that I have taken time during this camping excursion to relate to my sister, mother, and brother-in-law that I am not looking for a mate. I am trying to explain the quest for salvation via the denial of the will-to-live, but it is nearly impossible to communicate it without running into the obstacle of "optimism".

202.2

To tell them "non existence" is far better than existence is to challenge the root of their belief systems. I must realize that the Path I am on is not for everyone. I must find contentment in the relating with Schopenhauer through reading.

202.3

I feel the need to communicate my quest with my sister so that I might be able to understand it more clearly myself. They (coworkers, fellow members of the community, family) believe that I am truly longing for a mate and offspring, thinking that there is some attainment of a goal in this. They picture me with a subservient, oriental mate. And yet I am growing more aware each day that the Path of One who is truly determined to reach salvation means a life dedicated to the denial of the will to live.

It is clear to me that this cannot be easily communicated to those who AFFIRM THE WILL TO LIVE.

202.4

Hence, the money I earn as a proletariate, working for wages is used for the body's sustenance, maintaining a vehicle to transport the body to and from work as to give the body the maintenance it needs.

Whatever money I can spare does not go on courting females as I am truly attaining the way of life of a philosopher, content in the solitude of philosophical contemplation.

Therefore when a books such as The Possumists Handbook or The Essence of Religion have price tags of over \$150.00. I have no doubts about the practicality of purchasing them.

For a married man, no practical value; but for a young philosopher such as myself, these works could be THE ONLY GUIDES AVAILABLE to me.

Who else is going to guide me if not Arthur Schopenhauer?

202.5

I do not live in a monastery, but I attain to live in a MONASTIC STATE OF MIND. The consolation I receive is the philosophical mind in my skull. It is that which compensates for desert loneliness.

1964

203

1282

203.1

I went to the Norwamouth County library headquarters to get information on Schopenhauer Books In Print.

There are 2 affordable ones (Sufficient Reason, Religion and Other Essays).

There are 3 very expensive ones:

(Pessimists Handbook 160

X Essence of Religion 117

X Vanity of Existence 117

There are 2 without prices, but probably expensive Wisdom of Life
Studies In Pessimism.

203.2

The reason for the incredibly expensive price tags on his works is the lack of production. The publishers do not MASS PRODUCE these as they would, let us say, the Bible.

They can sell Bibles for \$20.00 apiece because they sell it to the masses.

Yet works such as the above by Schopenhauer are not produced for the masses, but only for libraries of colleges and such...

For me to want to pay hard earned cash for these books is a symbolic, as well as an actual, testimony of my determination to be a SCHOPENHAUER DISCIPLE.

I would waste \$300.00 on some course at Brookdale Community College in order to climb in "earning power", but the money I invest in rare philosophy books is to deepen my mental state.

212

12 91

212.1

I was very productive today; rising by 0900, I went to the diner with nephew Joey. Then I dropped check off at dentist, picked up stamps from post office, and dropped Joey off by 1030. I immediately drove to Cheesequake to work on (SERVICE) vehicle.

- I changed the oil: 20W50, 4 3/4 gts.
- changed oil filter
- changed spark plugs
- changed spark plug wires
- WASHED + WAXED exterior
- put air in tires F27 R30

The whole process lasted 4 straight hours. I had a sense of psychic harmony with the FORCES of the UNIVERSE.

The Jetta became apart of my mental state, and the machine I was servicing was my SELF.

212.2

Recall Purvis "Zen + the Art of MM" and "Star Ward" I dropped by the VW dealer to notify them about the reverse light staying on. I will drop it off Saturday at 8AM.

I also want to go by Englishtown Auction to see if they've got a VW hubcap.

212.3

Two words, both German, bring to mind a very special quality.

① SCHOPENHAUER

② VOLKSWAGEN

HEINRICH

1215

1969

p. 128

208

1287

208.1

Notice entry # 206.41 about what I would offer.
 VW gave me it for 3100. With all the tax, registration, and finance charges it is a rounded 3800.
 Uncanny how harmonious my offer was with the the Volkswagen dealership's.

208.11

I offered 2700. Dealers said NO: "The 1984 Jetta has only 60,000 miles on the odometer, which puts it in a pseudo 1987 zone (with 15,000 per year)".

He went as low as 3200.

I said 3000 was my limit.

208.12

He said, "let's split the difference at 3100 with the Rabbit".
 With tax, registration, and finance charges, by 1993 I will have spent 3800 on it.

4300.

3100 WITH RABBIT.

WITH TAX AND REGISTRATION 3500

AND FINANCE CHARGES 3800

208.13

NOT BAD FOR A 1984 Fuel Injection JETTA with AC.

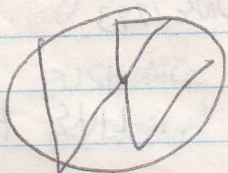
208.2

I work the next two days. After work I will purchase an owners manual and a coffee mug.

On Monday after work I will finish the transaction. By 6PM I will be

driving a JETTA and feel more secure as I enter AUTUMNAL BLISS and

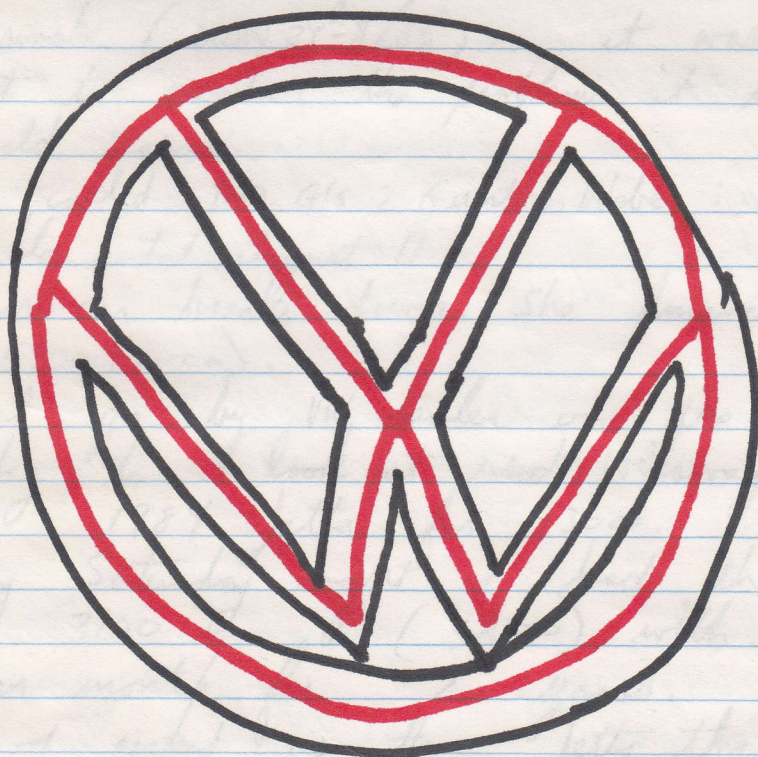
continue my SECRET DISCIPLINE WITH THE GREAT MIND OF ARTHUR SCHOPENHAUER.



1217

1972

p. 131



This notebook is coming to a close, and there is
a powerful sense of accomplishment in the inevitable future
of this. I have a lot of things to do.

The VW engine had been broken out (from the rear
main rail - about a 1000 ft) - it was blowing out a lot
of smoke (about 1000 ft) - it was blowing power,
just a little bit. I had a lot of things to do with
the engine.

I had a lot of things to do with the engine. I had a lot of things to do with the engine.

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I had a lot of things to do with the engine. I had a lot of things to do with the engine.

THERE WILL BE NO SMOKE CIGARETTES in the
SETTA. I WANT TO RESPECT IT'S QUALITY.

THERE WILL BE MINIMAL RADIO WAVES SO THAT
I MAY DRIVE MEDITATIVELY.